

Thomasville-Archdale/Trintiy Pediatrics Ear Piercing

AFTERCARE INSTRUCTIONS

An ear piercing usually heals in the first 6 weeks after the piercing, but it can take up to 6 months to completely heal.

During the first 6 weeks:

- Always wash your hands with soap prior to touching the pierced ears.
- Cleanse the area using the provided saline solution at least 3 to 4 times a day, especially in the first week after the piercing. Make sure one of the cleanings is done after showering or washing your hair.
- Twice daily, turn your earrings completely around to prevent scar tissue from forming over the piercing.
- Keep the pierced area clean and dry, and consider extra cleaning especially after swimming, showering, using hair products, spraying perfume, or after exercise.
- Be careful when removing clothing or brushing hair to prevent the earrings from being pulled off the ear. Consider covering earrings with band aids during sports or rough play.
- Do not remove the earrings for at least 6 weeks.

After the initial piercing earrings have been removed, do not go longer than *24 hours* without earrings, to prevent closing of the piercing in the first 6 months.

If you notice, in the *first week*, that your child has:

Pain, Redness, Swelling or Pus Drainage from the piercing

Then these can be signs of **INFECTION**

***** Please contact our office for a follow-up appointment**

Thomasville Pediatrics (336) 475-2348

Archdale-Trinity Pediatrics (336) 861-2348

If you notice red, painful or swollen earlobes after the first 24 hours, then gently loosen the earring backings and cleanse the area with the saline solution at least 3 to 4 times a day. If these symptoms persist, then please call our office for an appointment.